

Positivity IN FOCUS

Spring 2010
Issue 13

Editor: Paula Loneragan

Contributing Writers:
Franky G, Mira Mataric,
La'Vonne Delaney

Graphic/Web Design:
P. R. Hines

Mailing Address
PRL Publishing
2245 E Colorado Blvd.
No. 104, PMB 243
Pasadena, CA 91107

Web:
www.PositivityINFOCUS.com

Email: info at
PRLDesigns.com

Writer's Guidelines
Online at
www.positivityinfocus.com

Advertise in the Business
Directory Online at
www.PositivityINFOCUS.com

IN THIS ISSUE

PAGE	
<u>4</u>	<u>Editor's View.....</u>
<u>5</u>	<u>The Writer's Block.....</u>
	Featuring Writer and Story-
	teller Bernadette Cummings
<u>8</u>	<u>Frankly Speaking.....</u>
<u>10</u>	<u>Guest Column.....</u>
	What Were They Thinking
	by La'Vonne Delaney
	Self-Worth by Franky G.
<u>11</u>	<u>Book & Movie Review.....</u>
	The Blind Side
<u>12</u>	<u>In Touch.....</u>
	10 Items Every Emergency
	Kit Should Have
<u>14</u>	<u>Poetry Corner.....</u>
	Awkward by Mira Mataric
<u>15</u>	<u>Editor's Commentary....</u>
	Get Ready Set Listen (and
	Learn)
<u>17</u>	<u>FAQs.....</u>
<u>18</u>	<u>Business Directory.....</u>
<u>19</u>	<u>Advertising Info.....</u>

Positivity IN FOCUS (ISSN 1936-1750) is published quarterly by PRL Publishing. Editorial Submissions are welcome. The ideas and opinions expressed throughout this magazine are freely expressed by the writers. They reflect the opinions of the contributor and do not constitute an endorsement by the *Positivity IN FOCUS* Magazine or staff. *Positivity IN FOCUS* Copyright 2007-2010. PRL Publishing. All rights reserved. Reproduction in whole or in part without written permission is prohibited.



EDITOR'S VIEW

Recently, I watched a peacock on a busy urban street stop traffic dead in its tracks. I was waiting to come out of a store parking lot and watched as this car to the right side of me on the main street was halted in the middle of the road for no apparent reason.

However, within a minute or so the reason became apparent, a peacock was crossing the road in front of the car. The peacock slowly ambled his way from the middle of the street to the sidewalk, totally oblivious to everything especially how he might have been interrupting the lives of others. I thought to myself, what a sense of entitlement it had. It strolled across the road and did so without looking both ways or thinking how others were affected.

In a casual sense, the term "entitlement" refers to a notion or belief that one (or oneself) is deserving of some particular reward or benefit. The peacock probably couldn't dwell with any reason on the subject of entitlement, but we as humans can. We all see ourselves in different lights due to our varied circumstances in life. There are many things that affect how we see ourselves. Some people seem to have an innate sense of self-esteem. Sometimes it is learned, sometimes it is acquired over time.

To look honestly and truthfully into one's true feelings can be a challenge. Yet, not so much a challenge to do so, but a challenge to accept the reality of what you find when you look within. Being able to see oneself should dictate making a positive change to improve oneself. We should round out the rough edges, to develop a healthy sense of who we are, how we feel, and what it most beneficial for us, without stepping on the toes of others as the same time.

What is our entitlement as humans? To have self-worth as a human beings and to share good words and positive thoughts with others. Also, to be happy with oneself, especially with the parts of life in which you have no control over. For example, whether you are male or female, who are parents are and what they named us.

In life, we shouldn't be totally like a peacock being oblivious to others, but strutting in life with kindness, modesty, and awareness probably isn't a bad thing at all. Hope this spring issue helps with all of that. Enjoy!

Paula Lonergan